


**FOR LIFE-CHANGING
SUBSTANCE USE HELP,**

**START
HERE**



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Substance Abuse and Mental Health



START IS AN INTERCONNECTED SYSTEM OF CARE THAT KEEPS PEOPLE WHO STRUGGLE WITH ADDICTION ON THE PATH TO A HEALTHY LIFE.

START (Substance Use Treatment and Recovery Transformation) is an evidence-based model that transforms Delaware's substance use disorder system of care into one that is personalized and easier to navigate. START accepts people at multiple entry points and follows them through the entire treatment process, facilitating referrals to community resources and ongoing care. Peer support specialists are the treatment gateway guides. They discuss next steps, ensure the individual gets to the chosen treatment facility, and act as a perpetual lifeline. These specialists also help the individual find financial resources, a place to live, and employment — all while being available as a life coach during trying situations. START is where personalized care for substance use disorders is interconnected, from start to finish. **We make the best life possible.**

START INTERCONNECTED SERVICES INCLUDE:

Gateway and peer support • Substance use screening and assessment • Medication Assisted Treatment (MAT) • Short- and long-term residential treatment • Hospitalization • Outpatient program • Social services • Goal setting • Housing • Transportation • Behavioral health counseling • Case management • Community-based services

**For more information about START,
visit HelpsHereDE.com/treatment.**



If you or someone you know in Delaware is struggling with addiction, call the Crisis Hotline in New Castle County at 1-800-652-2929 or in Kent and Sussex Counties at 1-800-345-6785.

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START SYSTEM OF CARE

THE GATEWAY TO CARE HAS MULTIPLE POINTS OF ENTRY

- HOSPITALS
- EMERGENCY MEDICAL SERVICES
- URGENT CARE
- POLICE OFFICERS
- DEPARTMENT OF CORRECTION
- RECOVERY PROGRAM
- FAMILY
- DOCTOR
- SELF

24/7 PEER SUPPORT IS THERE FROM THE BEGINNING



LEVEL-OF-CARE ASSESSMENT AND PERSONALIZED TREATMENT REFERRAL HAPPENS INSTANTLY



TREATMENT CAN TAKE MANY FORMS

- Acute Care
- Subacute Care
- Ongoing Chronic Care

SOCIAL SERVICES MEET OTHER LIFE NEEDS

GOAL SETTING • HOUSING • TRANSPORTATION • EMPLOYMENT • ACTIVITIES FOR DAILY LIVING

POST-TREATMENT SCREENING LEADS TO COMMUNITY SERVICES REFERRAL



REENTRY TO COMMUNITY, WITH ONGOING CARE

RESULTING IN THE BEST LIFE POSSIBLE

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HELP

is here.

PREVENT • TREAT • RECOVER



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